

Puddletown Church of England First School

We care enough to try our best in all we do because we are wonderfully made: made to love, made to flourish, made to be unique

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Dear Year 3 Families,

Throughout the year all children at Puddletown first have personal, social, health and economic education (PSHE) through our 'Jigsaw' curriculum. This has built children's emotional literacy, self-esteem and knowledge of who they are and how they relate to each other and the world in a positive and healthy way.

In the second half of the Summer term we cover the unit called 'changing Me' and base our teaching on that. We are aware that with the increasingly early onset of maturity for some pupils it is important to cover these topics so that they are prepared for any changes that may be happening.

We hope you will be in agreement with us that this work is vitally important for children and that it needs to be delivered age-appropriately. However if you feel that it is not appropriate for your child at this time you have the right to withdraw from the 2 lessons that cover puberty and naming of the adult reproductive system (we do not cover the reproductive act) These 2 sessions will be taught over one afternoon on the **Tuesday 2nd July**. The Lesson plans will be available on request from Wednesday 26th June should you require them.

Parents' right to request their child be excused from Sex Education

From our policy '

At Puddletown First School, puberty is taught as a statutory requirement of Health Education and covered by our Jigsaw PSHE Programme in the 'Changing Me' unit.

We conclude that sex education refers to Human Reproduction, and therefore inform parents of their right to request their child be withdrawn from the PSHE lessons that explicitly teach this i.e. the Jigsaw Changing Me unit e.g.

Year 3 Inside and outside body changes- Puberty

Year 4 girls and puberty and having a baby.

As a parent/carer you have the right to withdraw your child from the elements of the topic that cover 'sex education and must inform the school of your decision. Please use schoolcomms to do this. If we **do not** receive a withdrawal email by **Friday 28th of June** we will assume that consent has been given, and your child will take part in this lesson.

Please see below as to how this series of lessons fit in with what the children have already covered.



INVESTORS IN PEOPLE



Year	What is covered in the 'Change Me' Unit:	
Reception	Growing up	How we have changed since we were babies
Year 1	My changing body	Understanding that growing and changing is natural and happens to everybody at different rates
	Boys' and girls' bodies	Appreciating the parts of the body that make us different and using the correct names for them
Year 2	The changing me	Where am I on the journey from young to old, and what changes can I be proud of?
	Boys and girls	Differences between boys and girls - how do we feel about them? Which parts of me are private?
Year 3	Inside and outside body changes- Puberty	How our bodies need to change so they can make babies when we grow up - inside and outside changes and how we feel about them
Year 4	Having a baby	adult reproductive system and the reason why people may choose to have a baby and the responsibilities that come with it.
	Girls and puberty	How a girl's body changes so that she can have a baby when she's an adult - including menstruation